


# APRIL 2024

Breakfast & Lunch Free for all Students.

Beaver Brook & Woodsdale Elementary

Questions? [jeanconnon@abingtonps.org](mailto:jeanconnon@abingtonps.org)

Menu Subject to change based on unforeseen product shortages and delivery delays.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>Pizza Crunchers</b> 41g Whole Grain Breaded Mozzarella Cheese with Pizza Sauce on the inside with Warm Marinara 10g for dipping. Oven Roasted Broccoli 9g Apple Slices 16g Ice Cold Milk	<b>2</b> <b>Crispy Chicken Sandwich</b> 45g Sweet Corn on the Cob 9g Chilled Pears 16g Ice Cold Milk	<b>3</b> <b>Toasted Cheese Sandwich</b> 31g Crunchy Veggie Sticks 9g Amazing Chocolatey Chic Pea Dip 15g Crunchy Fresh Apple 22g Ice Cold Milk	<b>4</b> <b>Chik'N Waffles</b> Crispy Chicken Tenders 16g served with Waffles 12g & Syrup 30g Mango Wango Juice Box 13g Orange Smiles 19g Ice Cold Milk	<b>5</b> <b>Personal Pan Pizza</b> 33g Caesar Salad 10g with Garbanzo Croutons Fruit of the Day 22g Ice Cold Milk
<b>8</b> <b>Hot Dog in a Bun</b> 26g served with Baked Beans 20g Carrot Stix 9g & Goldfish Crackers 14g Applesauce Cup 14g Ice Cold Milk	<b>9</b> <b>Cheeseburger</b> 28g Cucumber Wheels 6g Lya's Fun Chips 9g Chilled Mixed Fruit 17g Ice Cold Milk	<b>10</b> <b>Pasta with Meatballs</b> 51g served with Fresh Green Beans 4g Crunchy Fresh Apple 22g Ice Cold Milk	<b>11</b> "Deconstructed" <b>Popcorn Chicken Bowl</b> 54g Creamy Mashed Potatoes & Gravy Golden Corn Dried Cranberries 22g Ice Cold Milk	<b>12</b> <b>The Max Pizza</b> 38g Caesar Salad 10g with Garbanzo Croutons Fruit of the Day 22g Ice Cold Milk
<b>15</b> SPRING VACATION	<b>16</b> SPRING VACATION	<b>17</b> SPRING VACATION	<b>18</b> SPRING VACATION	<b>19</b> SPRING VACATION
<b>22</b> <b>Wild Mike's Cheesy Bites</b> 28g Soft Crust Mozzarella filled Pillows with warm Marinara 10g for dipping. Roasted Carrots 6g Apple Slices 16g Ice Cold Milk	<b>23</b> <b>Taco Triangles</b> served with Garden Salad 3g Ranch Dressing 1g Orange Smiles 19g Ice Cold Milk	<b>24</b> <b>Meatball Sub Marinara</b> 43g served with Fresh Green Beans 4g Crunchy Fresh Apple 22g Ice Cold Milk	<b>25</b> "Deconstructed" <b>Popcorn Chicken Bowl</b> 54g Creamy Mashed Potatoes & Gravy Golden Corn Dried Cranberries 22g Ice Cold Milk	<b>26</b> <b>Stuffed Crust Pizza</b> 38g Caesar Salad 10g with Garbanzo Croutons Fruit of the Day 22g Ice Cold Milk
<b>29</b> <b>Hot Dog in a Bun</b> 26g served with Baked Beans 20g Carrot Stix 9g & Goldfish Crackers 14g Applesauce Cup 14g Ice Cold Milk	<b>30</b> <b>Crispy Chicken Sandwich</b> 45g Sweet Corn on the Cob 9g Chilled Pears 16g Ice Cold Milk			

NOTE: Carbohydrate counts are based on information obtained from manufacturers and your food provider's recipes and may vary due to product substitution and/or recipe variations. This information serves only as a general guideline and should not be solely relied upon for those with a medical condition.

## ALTERNATE CHOICES

**School Made Cheese Pizza Lunch** 32g (offered Monday thru Thursday) includes pizza, milk, and fruit & vegetable of the day. See calendar day above for fruit and vegetable served with pizza lunch.

**Cereal Fun Lunch** (Mon. & Thur. Lucky Charms 23g - Wed. Frosted Flakes 25g - Tues. & Friday Cinnamon Toast Crunch 22g) GF Cheerios 21g also available.

\*LACTAID & SOY MILK AVAILABLE\*

Cereal Fun Lunch includes Cereal, Milk- White 13g Choc. 20g, Yogurt 19g, Veggie Juice 13g & Fruit of the Day! See calendar day above for fruit served with cereal lunch.

CONTAINS PORK